

Speaker 1:

Okay. So we have Rose here. She is one year out from a bilateral breast augmentation. Rose, how long did you know that this is a procedure you wanted done?

Rose:

I've been wanting to do this for a very long time. My best friend done it a couple years back and I was interested in doing it. But for me being a mom of three, my kids are younger and I was thinking about the recovery, how long it would take. So I waited and waited and then I just, look, I really want to do this because when going to the beach, I had problem with trying a bathing suit. I have to buy bra, go into Victoria's secret, spending all kinds of money on the bras with the extra padded ones. Then going to the beach, buying the bathing suits with extra padded. It's hard work and it's uncomfortable. I feel just out of it. I feel like everybody's looking at me like she's not filling out her clothes or things like that.

Finally, when I decided to do it, I was like, you know what? I want to go out and do it. The kids are old enough now so where if I go through a recovery, it shouldn't be that much harder. So what I did, I put in best plastic surgeon in Nashville, Tennessee. Of course, Dr. Burgdorf came up and I looked at the pictures, I looked at the reviews and I just called to schedule a consultation.

Speaker 1:

How did you know Dr. Burgdorf was the doctor for you?

Rose:

Looking at the reviews and then I came in for the consultation, and I talked to him and I really love the staff, the way they took care of me, just for the consultation. They made me comfortable. I felt really comfortable with I'm not the only one going through this kind of issue as some people will call it, issue. When I got to talk to him, it just made me really comfortable and I trusted him. Basically, being around him and his staff just made me want to trust them with doing my procedure.

Speaker 1:

Okay. And how has your recovery been over the last year?

Rose:

Oh, it's perfect. I feel like I didn't even go through it or didn't even have a surgery. It took me about a week. I took off a couple of days from work and I was back to work about the fifth day. So I was working the fifth day and recovery went real well. Everything healed up perfectly. They dropped right when was expected. Everything just came out real well.

Speaker 1:

Awesome. So how has this procedure improved your confidence in bathing suits? You said shopping was a little difficult beforehand. So how has that all made improvements since you got this?

Rose:

Oh, I don't even know what to start. It just made me like a new person. I'm just so happy just thinking about it. When I get sad or when I'm not having a good day, I just walk in front of the mirror and take off my shirt and was like, you know what? It's a good day. I just love it so much that it just made me into a

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different person. The confidence that I gained and having to go into the gym because I used to go to the gym with wearing bra because I need some kind of shape. So now I'm going to shop for workout clothes. Bra, I don't have to buy expensive bra to look good.

Speaker 1:

So would you recommend this procedure to anyone else that's walked through the same journey you have?

Rose:

I would recommend it to everybody I know that once to do this procedure. In fact, I've talked to my coworkers and some of them want to do it when they ready to do it. They want to come to Dr. Burgdorf. I also talked to my banker. The banker, she's actually looked into it so I gave her a book, The Mommy Makeover book. I got a couple of books with me, so I'm passing out because I'm so impressed, unbelievably impressed with how my procedure came out. The recovery and the way it looks, it just looks so natural. You can't tell if I had it done. The size, perfect. Like the doctor say, "Perfect. See, that's what I was looking for." All together, it just made me really happy.

Speaker 1:

That's terrific. We are so happy that you became our patient and that you are a new person after your breast augmentation. Thank you so much.

Rose:

You're welcome.