

Sarah:

So my name is Sarah. I have wanted a breast reduction for about a decade very seriously. I started wanting it even when I was 14 and I just got them because I became the blonde with a chest. And that is something that has unfortunately defined a lot of my life. So it's something that I've wanted for a very long time. I didn't, out of fear, fear of what it was going to be like, of costs. And I'm a chicken. I was afraid of the pain. So I finally decided to do it because my chiropractor and a couple of other doctors told me that it was starting to curve my spine. So that's it. It's time.

So I saved as much as I possibly could. And I actually interviewed four different surgeons and I kept telling my husband, I just feel better about Dr. Burgdorf. He just feels right. When he looks at me, he looks at me, he understands what I'm hoping for and his results if you look online, look amazing. And he's got all of these awards and just everything about him feels right. So finally decided to do it. And the day of surgery, I got home and my mother helped me change clothes, and I had her pause and I was like, "I want to go look." Because I hadn't, I was wearing a shirt looser than this. And it was untucked and flowy and you couldn't see any of me.

And so she helped me out of my shirt and I went and looked in the mirror in my little surgical bra and I burst out in tears because for the first time, since I was 14 years old, I could see my rib cage. And that was huge. And I am constantly just looking in the mirror and it takes me another second to be like, "That's me. That's actually me."

I'm not wearing two or three compression brawls anymore. That is me and my body. And they look fantastic. They truly look like I grew them and that's how they were supposed to be. And Dr. Burgdorf and his staff just validate your concerns. They make a point to address any concerns that you have and they're here for you. They're so kind and genuine that it's the kind of people that you want to be around, like you want to be friends with these people. You want to work with these people because they're so kind and genuine. And the impact that they've had on my life, through their kindness and through his ability, there's no other word for it. It is in him ability.

I'm forever grateful. I look the way I have always seen myself and now other people can also see me that way.